



Northampton International Academy

NIA Sport & PE Curriculum Mapping



Why Teach PE?

NIA PE curriculum is designed on the core intent that students develop lifelong healthy active lifestyles. Students develop their confidence in their knowledge of sport and physical education, being able to lead, support and officiate in a range of physical activities (**Head**). Students are physically active and are given opportunities to explore a range of sporting interests in order to develop a passion for physical activity (**Heart**). Students develop skills which can be applied across different physical activities and sports in order to be successful (**Hands**).

The 6 Big Ideas of the PE Curriculum

The curriculum map details the sequencing and interleaving of substantive knowledge through six 'big ideas' to enable pupils to build schemata of important concepts over time.



Knowledge In PE

Every PE lesson from Year 1 to Year 9 encompasses these three disciplinary strands to assess the whole learner.

Lifelong Physically Active & Healthy Students														
Head				Heart				Hands						
Declarative Knowledge				SEMH & Fitness				Procedural Knowledge						
Tactical & Strategic Thinking	Knowledge of Rules & Regulations	Analyse & Review Performances	Leadership	Components of Fitness	Lead a Physically Active & Healthy Lifestyle	Understand the Benefits of Physical Activity	Understanding Safety	Effort, Attitude & Engagement	Running	Jumping	Throwing	Catching	Agility, Balance, Coordination	Technique & Control

Learning for Life and Careers

Employability skills: Literacy, ICT, Research, Analysis, Creativity, Leadership, Organisation, Resilience, Initiative, Communication. Experience of the wider world through trips, working with other schools and students.

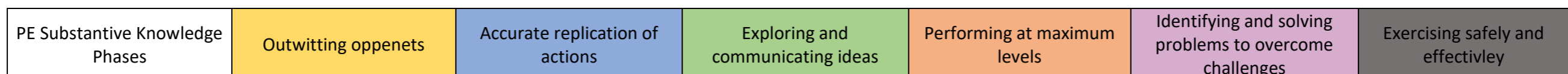
Encounters with employers: Trip to strength & conditioning studio, local gyms and local sporting venues. Guest speakers from the world of sport, leadership sessions in the local primary schools.

Examples of qualification pathways: BTEC Sport leads on to Level 3 BTEC, this in turn leads to University Courses in a wide range of subjects from Physiotherapy to Sports Coaching

Types of Knowledge

Declarative Knowledge (know)- Is the knowledge in PE that is factual concerning movement, rules, tactics, strategies, health and participation. Declarative knowledge can be communicated verbally or written. Examples of learners showing this knowledge in lesson could be through questioning and answering, or spoken or written observations.

Procedural Knowledge (show) – is the knowledge of how to apply the declarative facts. This can be seen in lessons by learners practising through demonstrations or physical participation. An example of procedural knowledge in a lesson is applying the tactics to a practice situation or modified game.





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NIA Sport & PE Curriculum Mapping – Primary



	Class	Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year Group and Class	EYFS Atlantic	Thursday PM	Changing practice	Fine Motor Skills	Locomotion 1	Locomotion 2	Sports Day Prep	Balanceability
	EYFS Pacific	Thursday PM	Changing practice	Fundamental movement	Object manipulation 2	Gymnastics	Sports Day Prep	Target games 1
	Year 1 Kalahari	Friday PM	Fundamental Movements 1	Dance- Disco	Multi skills Fundamental movement 3	Games Throwing and catching	Sports Day Prep	Balance Ability
	Year 1 Sahara	Friday PM	Gymnastics - Exploring Movement	Fundamental movements	Multi Skills Object Manipulation 2	Tri Golf	Sports Day Prep	Athletics Intro
	Year 2 Everest	Monday PM	Multi skills	Multi skills	Gymnastics- Balancing	Games - Invasion moving with a ball	Sports Day Prep	Athletics
	Year 2 Snowdon	Monday PM	Fundamental Movement Skills	OAA – Team building	Net & Wall - Tennis	Dance - Flamenco	Sports Day Prep	Striking & Fielding - Key Skills
	Year 3 Etna	Wednesday AM	Inclusive Games	Games (Invasion Passing & receiving a ball)	Net & Wall - Tennis	Dance Cheer	Sports Day Prep	Athletics
	Year 3 Vesuvius	Wednesday AM	Games (Invasion Passing & receiving a ball)	OAA – Team building	Gymnastics - Points & Patches	Striking and Fielding - Cricket	Sports Day Prep	Tri Golf
	Year 4 Amazon	Tuesday AM	Bollywood	Gymnastics - Paired Balances	Games - Invasion Football/Basketball	Net and wall - Tennis	Swimming	Cricket
	Year 4 Daintree	Tuesday AM	OAA - Team Building	Games - Invasion Netball/Uni Hoc	Dodgeball	Athletics	Cricket	Swimming
	Year 5 Thames	Wednesday PM	Tag Rugby	High Five Netball	Swimming	Gymnastics - flight	Dodgeball	Athletics
	Year 5 Mississippi	Wednesday PM	Health & Fitness	Dance- Disco	Gymnastics - flight	swimming	Net & wall - Tennis	Basketball
	Year 6 Tsenku	Tuesday PM	Swimming	Basketball	Handball	Tag Rugby	Striking & Fielding	Athletics
Year 6 Kintampo	Tuesday PM	Basketball	Swimming	Netball	OAA	Athletics	International	

PE Substantive Knowledge Phases	Outwitting opponents	Accurate replication of actions	Exploring and communicating ideas	Performing at maximum levels	Identifying and solving problems to overcome challenges	Exercising safely and effectively
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